

Family and Children's Mental Health

Perinatal mood disorders and postpartum depression

- How to support our community members.

Growing jail population being identified as a large need for Mental Health professionals

- Where to find personal, resources, and ongoing funding.

Trauma response in the classrooms

- How to support teachers with strategies and possible secondary trauma
- How to get families and children the services they need within the school
- Would like to Mental Health Professionals as part of the school district (not CSCT but Mental health consultants that are a part of the whole school)

Limited access to treatment due to insurance coverage or lack there of

- Home support services only offering 365 per lifetime. (doesn't fit the research)
- How to ensure the "right" service or assessment process for diagnosis with our limited psychiatry or qualified personal in our community.