

MENTAL HEALTH SERVICES

(CASE MANAGEMENT, PEER SUPPORT)

AWARE, Inc. 449-3120

Florence Crittenton Family Services 442-6950

Many Rivers Whole Health 443-7151

Helena Indian Alliance 449-5796

Our Place 442-1374 or 389-0223

NAMI Helena 443-7871

PureView Health Center 457-0000

VA Medical Center at Fort Harrison 442-6410 or 800-827-1000

Intermountain 442-7920

YWCA 501 N. Park 442-8774

CHILDREN AND FAMILIES

Child Care Connections (Best Beginnings Scholarships) 443-4730

East Helena Public School Homeless Liaison 227-7700

Helena Public Schools Homeless Liaison 324-2000

Florence Crittenton Family Services 442-6950
www.florencecrittenton.org

Rocky Head Start 457-7308

AWARE Early Head Start 449-3120

Youth Dynamics Inc. 24 Hour Crisis Line 877-458-7022

Youth Homes 442-0674

Intermountain 442-7920
www.intermountain.org

Shodair Children's Hospital 444-7500 www.shodair.org

Child Abuse and Neglect Hotline 866-820-8437

Catholic Social Services 442-4130

YWCA Caterpillars Parenting Center 501 N. Park 442-8774

Maternal Mental Health Hotline call or text 1-833-9HELP4MOMS

MILITARY AND VETERAN SERVICES

Disabled American Veterans (DAV) 495-2089

Montana Joining Community Forces 447-4550

Volunteers of America Northern Rockies 996-1212

Helena Vet Center 1301 Elm .St. Suite C 457-8060

VA Housing Assistance 447-6144 or 877-424-3838

SUBSTANCE USE SERVICES

Alcoholics Anonymous 888-607-2000

Boyd Andrew Community Services 443-2343

Florence Crittenton Family Services 442-6950

Helena Indian Alliance 449-5796

Narcotics Anonymous 495-9787

PureView Health Center 457-0000

Helena Valley Addiction Services 422-4933

Instar Community Services 422-4828

Intermountain 442-7920

Hope Center Ministries 1-866-396-4673

YWCA 501 N. Park 442-8774

HEALTH AND MEDICAL

Helena Indian Alliance 449-5796

Planned Parenthood 443-7676

PureView Health Center 457-0000 (medical) or 457-8928 (dental)

St. Peter's Health 442-2480

VA Medical Center at Fort Harrison 442-6410 or 800-827-1000

**List Compiled by the
Helena Resource
Advocates
and the
United Way of the
Lewis and Clark Area
406-442-4360**

**For all resources call 211
If you are in crisis call 911**



FOOD

Helena Food Share
1616 Lewis Street
443-3663

Office of Public Assistance
(SNAP, TANF, Medicaid) –
888-706-1535

Rocky -Senior Nutrition
(Dinner Club / Meals on
Wheels)—447-1680

The Salvation Army (Pantry)
–1330 Hudson Street.–
442-8244

WIC, Supplemental Nutrition
Program – 1930 9th Ave.
457-8912

Neighborhood Pantry
Locations
[https://neighborhood
pantryproject.com/](https://neighborhoodpantryproject.com/)

Helena Indian Alliance Pantry
501 Euclid Avenue
406-449-5796

TRANSPORTATION

Capital Transit
447-8080

HOUSING AND SHELTER

God's Love 533 N. Main St.
442-7000

Placer Pantry 3067 N.
Montana Ave. 442-0780

Margaret Stuart Youth Home
(under 18) 449-3038

The Friendship Center
(domestic & sexual violence)
442-6800 (crisis line)

Family Promise 465-9467

Good Samaritan Ministries
3067 N. Montana Ave.
442-0780

Red Cross (disasters only)
1-800-733-2767

Helena Housing Authority
442-7970

Rocky Affordable Housing
447-1680 or 800-356-6544

Rocky LIHEAP 447-1680

Salvation Army 442-8244

HUD (Customer Service)
449-5050

Florence Crittenton Family
Services 442-6950

YWCA 501 N. Park 442-8774

God's Love 533 N. Main St.-
442-7000

CRISIS & EMERGENCY

National Suicide Hotline 988

Nation Crisis Text Line Text
MT to 741-741

Saint Peter's Health
Emergency Dept. - Mobile
Crisis Response Team (Call
911 and request (MCRT)

Mental Health and Addiction
- 457-4180

AGING & SENIOR SERVICES

Adult Protective Services
417-8008

AARP 1-866-295-7278

Rocky Area IV Agency on
Aging – 800-551-3191

EMPLOYMENT & EDUCATION

Career Training Institute
443-0800

Helena Job Service 447-3200

THRIFT STORES

Good Samaritan Ministries
3067 N. Montana Ave.
442-0780

Big Sky Resale 442-5940

Fort Harrison Thrift Shop Mt.
Defense Ave.
324-3375

Goodwill 3575 Ptarmigan
Lane 457-1325

DISABILITY SERVICES

Ability Montana 442-5755

Aspen Adult Services Inc.
422-0859

Family Outreach 443-3083

WestMont 447-3100

Spring Meadow Resources
443-2376

TAX ASSISTANCE

Taxpayer Advocate Service
(IRS) 444-8668

Virtual Service Delivery
1-844-545-5640

www.myfreetaxes.com

LEGAL SERVICES

First Judicial District
Treatment Court 457-8810

Montana Legal Services
Association
(MontanaLawHelp.org)

TOILETRIES, HYGIENE AND DIAPERS

God's Love 533 N. Main St.
442-7000

YWCA 501 N. Park 442-8774

Catholic Social Services
ADDRESS 442-4130

Placer Pantry 3067 N.
Montana Ave. 442-0780